

Methylisothiazolinone in Children's Nail Polish

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Background

- Isothiazolinone preservatives (IPs) are notorious contact allergens:
- methylisothiazolinone (MI)
- methylchloroisothiazolinone/methylisothiazolinone (MCI/MI)
- benzisothiazolinone (BIT)
- octylisothiazolinone (OIT)
- MI was ACDS "2013 Allergen of the Year"
- Pediatric dermatologists are familiar with IPs in personal care products, homemade slime recipes, and wet wipes
- We present a novel source of MI in children's nail polish

Case Presentation

- A mother with hand dermatitis was patch tested with positive reaction to MI
- Upon examination of her and her family's products, we found several sources of MI including a Townley Girl Disney Frozen Non-Toxic Nail Polish, which she applied to her 7-year-old daughter's nails (Figs. 1A-B)





Prevalence of Methylisothiazolinone

- Schlicte et al. found ~20% prevalence of MI in 152 chidren's products¹
- NIH Household Products and EWG's Skin Deep
 Databases (products marketed for children containing
 MI) shampoos/conditioners/body washes
 manufactured by companies such as Suave, Avon,
 Aussie, Johnson's, and Dial
- EWG's Skin Deep Database archived products: 9 nail polishes by Fing'rs and Piggy Paints contained MI
- Google and Amazon search for children's nail polishes:
 JoJo Siwa 7-pack nail polish set and Pure Anada
 Princess Polish currently contain MI

Why Children's Nail Polish?

Adult nail polishes often contain: tosylamide formaldehyde resin, acrylates, formaldehyde, dibutyl phthalate, and triphenyl phosphate²

- Nail polishes marketed for children are often "water-based" and tout the claim of "non-toxic"
- Preservatives such as MI, are needed in water-based products to prevent bacterial/fungal growth

Nail Polish Alternatives

Scan the QR code for hypoallergenic children's nail polish alternatives!



Conclusion

- We report this case to raise awareness of a new source of IPs in children and family members
- Baby wipes have been reformulated without MI due to awareness and education³
- We hope that continued efforts to spotlight sources of MI will minimize exposure and predisposition for pediatric allergic contact dermatitis

References

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